



WARRINGAH AQUATIC SWIM CLUB

LC SUMMER INVITATIONAL

Sunday 12th February 8:45-4:30pm (Warm up 8:00)

| Boys | Girls | Age | Event | QT |
|------|-------|------|---------------------------------|---------|
| 1 | Mixed | 9/O | 200m Freestyle | 2:50.00 |
| 2 | 3 | 8/O | 50m Breaststroke | |
| 4 | 5 | 8/O | 50m Backstroke | |
| 6 | 7 | 9/O | 100m Butterfly | |
| 8 | 9 | 8/O | 100m Freestyle | |
| 10 | 11 | 9/O | 100m Breaststroke | |
| 12 | 13 | 8/O | 50m Butterfly | |
| 14 | 15 | 8/O | 50m Freestyle | |
| 16 | 17 | 9/O | 100m Backstroke | |
| 18 | Mixed | 9/O | 200m Individual Medley | 3:20.00 |
| 19 | 20 | 12/U | 50m FR IGA Dash for Cash Events | |
| 21 | 22 | 13/O | 50m FR IGA Dash for Cash Events | |

Thank you to
our sponsors



There will be a lunch break around 12.30

ENTRIES

- Enter via Swim Central
- \$10.00 per individual event
- Age is at 12 Feb 2023
- Normal pool entry fees applicable
- Entries close 11:59pm Sat 4th Feb (or earlier if maximum entries reached)
- Late entries may be accepted to fill lanes only
- Events 19-22 will be selected from the top 8 in each age bracket from events 14 & 15. Fastest eight 12/U & 13/O in each age group & gender will get to contest the Dash for Cash events

COVID SAFETY

Our primary concern remains the health and safety of all our patrons. We ask for your support in our efforts to prevent COVID-19 and be vigilant in your personal hygiene, social distancing and avoid attending our meet if unwell.

RULES

- All events are timed finals and will be run fastest to slowest
- SNSW approved meet under SNSW Ltd rules
- Entries accepted from primary members of invited Clubs only
- Only swimmers, coaches, technical officials and timekeepers are permitted on pool deck.
- Swimmers' entries are accepted on the basis that a parent or guardian timekeeps, officiates or assists as required to help run the meet
- Backstroke ledges may be used at this meet.
- SAL rules apply for Multi Class (MC) swimmers
- Clubs will be asked to assist with timekeeping & other duties
- We regret we are not able to offer refunds
- Meet program will be available to download from our website
- We reserve the right to vary the program
- Results will be uploaded to Swim Central and available on our website

CONTACT

Meet Director Ariel Darley admin@warringahasc.com.au