

NEW SEASON LC SPRING MEET

Sat 1st Oct 12:30-4:30

(warm up 12:00)

at Warringah Aquatic Centre

Age	Event
12/O	400m Freestyle
Open	100m Breaststroke
Open	50m Butterfly
10/O	200m Backstroke
12/O	400m Individual Medley
Open	100m Freestyle
Open	50m Breaststroke
10/O	200m Individual Medley
Open	100m Butterfly
Open	50m Backstroke
10/O	200m Freestyle
10/O	200m Breaststroke
10/O	200m Butterfly
Open	100m Backstroke
Open	50m Freestyle

RULES

- All events are timed finals and will be run fastest to slowest
- SNSW approved meet under SNSW Ltd rules
- Entries accepted from primary members of invited Clubs only
- Only swimmers, coaches, technical officials and timekeepers are permitted on pool deck.
- Swimmers' entries are accepted on the basis that a parent or guardian timekeeps, officiates or assists as required to help run the meet
- Backstroke ledges may be used at this meet.
- Clubs will be asked to assist with timekeeping & other duties
- We regret we are not able to offer refunds
- Meet program will be available to download from our website
- We reserve the right to vary the program
- Minimum age of swimmer 8 years

ENTRIES

- Enter via Swim Central - maximum 4 entries per swimmer
- \$10.00 per individual event - NO REFUNDS
- Age is at 1 October 2022 (minimum age 8)
- Normal Council pool entry fees applicable
- Entries close 11:59pm Sunday 25th September (or earlier if maximum entries reached)
- Late entries may be accepted to fill lanes only

CONTACT

Meet Director Ariel Darley admin@warringahasc.com.au