



WARRINGAH AQUATIC SWIM CLUB SC QUALIFYING MEET

Sunday 31 July 10:00am - 4:00pm at Warringah Aquatic Centre
(Warm up 9:30am & 30 minute lunch break)

Boys	Girls	Age	Event	QT
1	2	Open	4x50m Freestyle Relay	
3	Mixed	Open	200m Individual Medley	3:20.00
4	5	Open	50m Breaststroke	
6	7	9/O	100m Butterfly	
8	9	Open	50m Backstroke	
10	11	8/O	100m Freestyle	
12	Mixed	10/O	100m Individual Medley	
13	14	Open	50m Butterfly	
15	16	9/O	100m Breaststroke	
17	18	Open	50m Freestyle	
19	20	9/O	100m Backstroke	
21	Mixed	10/O	200m Freestyle	2:50.00
22	23	13/U & 12/U	50m FR Dash for Cash Events	
24	25	14/O & 13/O	50m FR Dash for Cash Events	

Thank you to
our sponsors



PRIZES
TO BE WON

ENTRIES

- Enter via Swim Central \$9.00 per individ event
- Clubs \$15 per relay, maximum 3 teams per Club per Relay
- Age is at 31 July 2022
- Normal pool entry fees applicable
- Entries close 11:59pm Sat 23 July (or earlier if maximum entries reached)
- Late entries may be accepted to fill lanes only
- Events 22-25 will be selected from the top 8 in each age bracket from events 17 & 18. Fastest eight 13/U & 14/O males and 12/U & 13/O females in each age group will get to contest the Dash for Cash events
- Prizes to be won for age champions with the highest points 7-8yrs, then each age group 9-13 yrs and 14/Over

COVID SAFETY

Our primary concern remains the health and safety of all our patrons. We ask for your support in our efforts to prevent COVID-19 and be vigilant in your personal hygiene, social distancing and avoid attending our meet if unwell.

RULES

- All events are timed finals and will be run fastest to slowest
- SNSW approved meet under SNSW Ltd rules
- Entries accepted from primary members of invited Clubs only
- Only swimmers, coaches, technical officials and timekeepers are permitted on pool deck.
- Swimmers' entries are accepted on the basis that a parent or guardian timekeeps, officiates or assists as required to help run the meet
- Backstroke ledges may be used at this meet.
- SAL rules apply for Multi Class (MC) swimmers
- Clubs will be asked to assist with timekeeping & other duties
- **We regret we are not able to offer refunds**
- Meet program will be available to download from our website
- We reserve the right to vary the program
- Results will be uploaded to Results database and available on our website

CONTACT

Meet Director Ariel Darley admin@warringahasc.com.au